Elston Unit- Convalescent Care-

Activity Calendar

Recreation Facilitator-Oksana Massaro. Ext. 361
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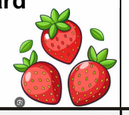
July 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 	**2** 9:00am Physio **10:00am Paraffin Wax** 11:00am Tuck Cart 1:00pm Group Exercise 2:00pm Virtual Adventure-DTD	**3** 9:00am Physio 1:00pm Group Exercise **2:00pm Bingo**	**4**
5 	**6** 9:00am Physio 1:00pm Group Exercise 2:00pm Puzzles	**7** 9:00am Physio 1:00pm Group Exercise 2:00pm Board Games **6:30pm Barrie Concert Band- Behind HP**	**8** 9:00am Physio 1:00pm Group Exercise 2:00pm Fancy Fingers	**9** 9:00am Physio 1:00pm Group Exercise **2:00pm Paraffin Wax** 3:00pm Tuck Cart	**10** 9:00am Physio 10:00am Getting To Know You 1:00pm Group Exercise **2:00pm Bingo**	**11**
12 	**13** 9:00am Physio 1:00pm Group Exercise **2:30pm Ice Cream Truck - FL** 	**14** 9:00am Physio 1:00pm Group Exercise 2:00pm Crazy 8 Cards game **6:00pm Music Entertainment with Ed Smith - AUD** 	**15** 9:00am Physio 1:00pm Group Exercise **2:00pm Strawberry Fristi Social in the Courtyard** 	**16** 9:00am Physio **10:00am Paraffin Wax** 11:00am Tuck Cart 1:00pm Group Exercise	**17** 9:00am Physio 1:00pm Group Exercise **2:00pm Bingo** 	**18**
19 **FIFA Word Cup Final** 	**20** 9:00am Physio 1:00pm Group Exercise 2:00pm Board Games	**21** 9:00am Physio 1:00pm Group Exercise **2:00pm Tim Hortons Social** **5:45pm Bingo** 	**22** 9:00am Physio 1:00pm Group Exercise 2:00pm Fancy Fingers	**23** 9:00am Physio **10:00am Paraffin Wax** 11:00am Tuck Cart 1:00pm Group Exercise	**24** 9:00am Physio 1:00pm Group Exercise **2:00pm Bingo**	**25**
26 	**27** 9:00am Physio 1:00pm Group Exercise **2:00pm Ice Cream Parlor DTD**	**28** 9:00am Physio 1:00pm Group Exercise 2:00pm Virtual Adventure-DTD **6:00pm Music Entertainment with Daren Mariott - AUD**	**29** 9:00am Physio 1:00pm Group Exercise **2:00pm Watermelon Social** 	**30** 9:00am Physio **10:00am Paraffin Wax** 11:00am Tuck Cart 1:00pm Group Exercise	**31** 9:00am Physio 1:00pm Group Exercise **2:00pm Bingo** **Calendar Delivery** 	

Location Codes: FL- Front Lobby AUD- Auditorium DTD- Door To Door GYM- Elston Gym TR- Therapy Room $ Chargable Program

All Programs Subject To Change